

APRÈS-COUP
PSYCHOANALYTIC
ASSOCIATION

2004

APRÈS-COUP PSYCHOANALYTIC ASSOCIATION

TRUSTEES AND OFFICERS

Paola Mieli, *Trustee, President*

Marie-Claude Hays, *Trustee*

Richard Ledes, *Trustee*

David Lichtenstein, *Trustee, Treasurer*

Martin Winn, *Trustee*

Mark Stafford, *Secretary*

Après-Coup Psychoanalytic Association was founded in 1987 as an association for the study and transmission of psychoanalysis and for the formation of psychoanalysts. The Association brings together psychoanalysts, students of psychoanalysis and other disciplines, and scholars from a variety of different fields for the research and advancement of psychoanalysis and of psychoanalysis and culture.

The central focus of the Association is on the work of Sigmund Freud and Jacques Lacan. It is accompanied by the study of other psychoanalysts, as well as work in related disciplines such as science, philosophy, art, anthropology, linguistics, and literature.

In the spirit of the Freudian psychoanalytic tradition, Après-Coup maintains an interdisciplinary forum within which psychoanalysts and other scholars are engaged in a dialogue to clarify and deepen their understanding of psychoanalysis, science, and culture. For this reason, Après-Coup includes as members psychoanalysts, analysts in training, and others interested in the field of psychoanalysis.

Après-Coup's administrative office is at 80 University Place, 5th Floor, New York, New York, 10003. Seminars, workshops, and classes are held either at the School of Visual Arts, 214 East 21st Street, New York, New York, or at the instructors' offices located throughout New York City.

Après-Coup does not discriminate with regard to sex, sexual orientation, age, race, religion, or national origin in any aspect of its programs, including selection of students, members, participants, faculty, psychoanalysts, supervisors, and administrative staff.

MEMBERS

Après-Coup includes *Participants* and *Members*.

A *Participant* is anyone interested in the field of psychoanalysis and culture who chooses to attend Après-Coup activities, workshops, seminars, etc. and who pays the required fees. Records of participation are maintained.

A *Member* is a person who actively contributes to the activities of Après-Coup and pays an annual membership fee.¹ To become a Member, a Participant must apply to the Membership Committee.

Members include general members and members in training.

1. A general member is any Member of Après-Coup as described above.
2. A member in training is called a *Member-in-Formation* (FM). He or she is pursuing psychoanalytic training and has been accepted in supervision by a Presenting Supervisor of Après-Coup (see below).

ANALYSTS OF APRÈS-COUP

The Analysts of the Association are those clinicians who, on the basis of their training in the Freudian and Lacanian field, their clinical experience, and the recognition of their work as clinicians with the Après-Coup Psychoanalytic Association, have been acknowledged by the Formation Committee as Analysts of Après-Coup (AM). The list of Analysts of the Association is reviewed by the Formation Committee and published annually.

¹The membership fee can be paid in two installments. The fee is refundable within 15 days of the due dates. The dates are posted each academic year on the Après-Coup members e-mail list. The refund policy is posted on the Après-Coup web site (www.apres-coup.org).

SUPERVISORS OF APRÈS-COUP

The Supervisors of the Association are the psychoanalysts experienced in the Freudian and Lacanian field who are or have been actively engaged in the supervision of members of Après-Coup, are in agreement with the spirit of psychoanalytic transmission embraced by the Association, and have been acknowledged by the Formation Committee. Additions to the list of Supervisors are reviewed by the Formation Committee on an ongoing basis. The list of the Supervisors of the Association is published annually.

FACULTY OF APRÈS-COUP

The Faculty of Après-Coup includes those psychoanalysts and other scholars or professionals from various fields who teach the seminars, workshops, and clinical case presentations of the program of the Association. The list of the Faculty is reviewed by the Formation Committee and the Research Committee and published annually. The professional documentation of all Faculty, including credentials, transcripts, and C.V.s, is kept at the Après-Coup administrative office.

COMMITTEES

Après-Coup has the following four committees: Membership Committee, Finance Committee, Formation Committee, and Research Committee.

1. The **Membership Committee** advises participants about becoming members, reviews their applications, and presents them to the Formation Committee. The composition of the Membership Committee is reviewed annually by the Members of Après-Coup.

2. The **Finance Committee** reviews and ratifies all financial decisions of the Association. It also maintains all records pertinent to these decisions. The composition of the Finance Committee is reviewed every two years by the Members of *Après-Coup*.
3. The **Formation Committee** is composed of practicing psychoanalysts who have completed the training program or its equivalent, have been active in *Après-Coup* for several years, and their work as clinicians has been acknowledged by the Association. It has the function of studying, reviewing, and developing the Association's educational program in psychoanalysis. The Formation Committee works in coordination with the Analysts and Supervisors of *Après-Coup*, as well as with the other Committees. The composition of the Formation Committee is reviewed annually by the Analysts of *Après-Coup*.
4. The **Research Committee** coordinates the development of the Association's working groups such as the translation group, the archives group, the web site group, and the student group.² In addition, it advises the Association on the implementation of its educational program. The composition of the Research Committee is reviewed annually by the Members of *Après-Coup*.

The General Assembly of the Members meets four times a year for the purpose of discussing the activities of the Association.

²The student group provides the opportunity for Members-in-Formation to have input with regards to improvements in the objectives and procedures of the program.

OUTLINE OF THE INSTITUTE'S TRAINING PROGRAM

As Freud insisted, psychoanalysis requires by its very nature a training that is not comparable to that of any other profession, since it implies the experience of the subjective division between the unconscious and consciousness and, therefore, the confrontation with a subjective truth that escapes a person's awareness and in relation to which intellectual knowledge functions mainly as resistance.

The notion of "training" does not reflect the specificity of the formation of the analyst. "Training" suggests an apprenticeship in knowledge, conceived of as a set of procedures to develop a practical expertise. The formation of the analyst, however, involves much more than a technical apprenticeship or an intellectual process of learning; it also implies the passage through an experience that provokes a subjective transformation and the possibility of the assumption of a new ethical position. The notion of "formation," from the Latin *formare* (to give form to), is more consistent with the uniqueness of the analytic act, since, as *Webster's Collegiate Dictionary* indicates, "formation" is the act of creating or causing to exist.

Après-Coup Psychoanalytic Association follows Freud's teaching that a personal analysis is the necessary condition for the formation of the analyst. The Association also subscribes to Freud's assertion that analytic studies include several humanistic disciplines. A broad field of differentiated disciplines, together with analytic and scientific studies, will prepare the way for the analyst to listen to the subject's discourse in its cultural diversity and will become the foundation for a psychoanalyst's continuing education. The coming into being of an

analyst as the result of an analysis can then be seen as only a first major step into a universe of learning that will accompany him or her throughout life.

PROCEDURES FOR THE COMPLETION OF THE TRAINING PROGRAM CALLED THE FORMATION PROGRAM

There are four facets to the Formation Program: Courses, Active Participation, Clinical Analysis, and Supervision.³

Courses

In order to complete the program, each Member-in-Formation must complete the following outline of study:

The educational program for the formation of psychoanalysts at *Après-Coup* allows participants to choose from seminars offered in four general areas:

1. Psychoanalytic Theory
2. Psychopathology and Diagnosis
3. Socio-Cultural Dimensions of Subjectivity
4. Clinical Practice and Technique

³A process is available to handle any appeal regarding the Formation Program. The Member-in-Formation writes a letter addressed to the Formation Committee explaining his or her position. The Formation Committee selects an ad hoc committee comprised of any three Analysts of *Après-Coup*, excluding the FM's analyst or supervisor(s). The ad hoc committee schedules a meeting for the Member-in-Formation to present and discuss his or her position. Within two weeks the ad hoc committee communicates its finding to the FM by letter.

It is expected that the participant will complete ten credits in each of these areas in order to complete the educational phase of the program, plus four credits in working groups and four credits in cartels.⁴ The total number of credits required to complete the Formation Program is 48.

Seminars are designed with varying lengths and assigned credit equivalents based on the time and concentration of work involved. The participant is therefore free to design an individual program according to personal interest, while still adhering to structured standards that ensure a well-balanced and comprehensive program.

Faculty Members are available to advise the Members-in-Formation in their choice of seminars and in their design of a balanced program. Advance notification of any changes or modifications in the requirements of the Formation Program is provided to Members-in-Formation to allow discussion prior to the adoption of the new requirements.

For information regarding credit equivalences, see the credit assignments for each academic year's program in the attached document.

Active Participation

Active participation refers primarily to a member's attendance at, and contribution to, working groups and cartels. In addition, a Member-in-Formation is

⁴A working group is a group of any size that meets regularly to study a topic chosen by its coordinator. Working groups include reading groups and clinical working groups. A cartel is a working group that includes not less than three nor more than five participants. Each participant is committed to producing an independent and original written work on a shared topic. A cartel has a starting time and a time of completion. Periodically the participants of the cartel present the progress of their work to an outside supervisor chosen and appointed at the start of the cartel; this supervisor is called *The Plus-One*. Works produced by cartels are presented to the *Après-Coup* community.

expected to make presentations to the Association in the form of papers, lectures, workshops, etc. as an expression of ongoing research and work in psychoanalytic theory and practice.

Clinical formation requires a personal analysis and supervision.

Personal Analysis

The Association places no restrictions on the choice of a personal analyst by a Member, other than that the person chosen be recognized as an analyst by the general psychoanalytic community through his or her clinical work, publications and public presentations, and be licensed or considered eligible for licensure.

Supervision

It is understood that a Member at the beginning of his or her practice must be in supervision. The work of supervision in this phase enables a person to develop his or her clinical experience and to discover those areas of the work with patients that reflect questions to be addressed in their personal analysis. When this phase of supervision has advanced, a Member may request a Supervisor of the Association to become his or her *Presenting Supervisor*. The Association requires that a Member be in intensive psychoanalysis for at least three years before requesting supervision by a Presenting Supervisor. In order to complete the Formation Program, a Member-in-Formation must have two Presenting Supervisors.⁵

⁵In order to complete the program, a Member-in-Formation undertakes at least 200 hours (total) of supervision with Supervisors of the Association, other than the personal analyst.

Presenting Supervisors

A Presenting Supervisor is a Supervisor of the Association that makes a commitment to follow a Member-in-Formation through the completion of the program.

To become a Member-in-Formation (FM) of Après-Coup Psychoanalytic Association, a Member must have such a commitment from one Presenting Supervisor.⁶

A Supervisor has the option to accept or refuse the request to be a Presenting Supervisor. In circumstances where the request is refused, the Supervisor may advise the Member about the continuation of his or her formation. In those instances when the request is accepted, the Supervisor takes the responsibility of accompanying the clinical work of the Member until such time that this work can be presented to the final council, called the *Presenting Council*.

Presenting Council

For a Member-in-Formation to complete his or her program, the two Presenting Supervisors must agree, independently of one another, to present the work of the Member-in-Formation to the Council. These are separate and independent presentations.

The Council is composed ad hoc for each presentation. The composition of the Council is decided on by at least one representative from each of the following: the Analysts of the Association, the Supervisors of the Association, and the Formation Committee; and it is approved by the Member-in-Formation.

⁶It is understood that supervision can only take place in a language in which both the Member-in-Formation and the Supervisors are perfectly fluent and that supervision cannot take place in writing.

The Council is composed of at least five people: four Analysts, chosen from among the Analysts and the Supervisors of Après-Coup, and one Member-in-Formation other than the FM whose work is being presented. The Council makes a decision regarding the work presented by the Supervisor. This decision is based upon an evaluation of the transmission of psychoanalytic work among the Member-in-Formation, the Supervisor, and the Council.

Completion of the Program

If the decision of the Council is favorable, the Member-in-Formation is considered to have completed the Formation Program of Après-Coup Psychoanalytic Association. A written declaration of completion of the program is provided upon request.

If the decision of the Council is not favorable, the Council may advise the Member about the completion of his or her program.⁷



⁷People who have already met some of the requirements for analytic formation at other Institutes can apply for completion of their program at Après-Coup. Each case will be considered separately by the Formation Committee in order to establish equivalences, if possible.

In order to qualify for psychoanalytic licensure, New York State law requires that a person has received at least a master's degree or a substantial equivalent.

